

Equipment requirements

1. General

The fencers them self are responsible for the equipment they use on the mat are functional and according to the tournament requirements. This does not apply to the swords since these are provided by the tournament.

The equipment checks that will take place during the tournament are only to help the organizer to monitor the compliance to the regulations and aid the fencers to comply with the same. The equipments checks can therefore not be invoked to eliminate the fencers' responsibility in case of a violation of the requirements.

All equipment must be whole, clean and adequate for the tournament.

The following equipment is mandatory:

- Mask
- Throat guard
- Protective jacket
- Gloves
- Elbow and knee guards
- Shin guards
- Shoes
- Jockstrap (men only)

The use of additional protective gear is allowed.

No bare skin is allowed to be shown, except for the flat of the hands, when the fencer stands in any guard.

Throat guards, jockstraps and chest protectors are to be worn under the outermost piece of clothing.

2. Mask

The mask must be in good condition, with no tears or large dents. The mask must fit the fencer; a mask that comes off too easily will be disallowed.

The mask must include a protection for the back of the head.

3. Throat guard

The throat guard must be reasonably rigid and constructed so that it will stop a thrust from a broken blade.

4. Protective jacket

The protective jacket must be reasonably padded and constructed so that it will stop a thrust from a broken blade. Jackets with armpit holes or jackets that are open in the front are not allowed.

5. Gloves

The gloves must protect all fingers, the back of the hand and the wrist when grabbing the sword.

For the longsword Sparring Gloves or AF gloves are recommended.

For the sabre Black Lance, Comfort Fencing or lacrosse gloves with protection for the finger joints are recommended.

6. Elbow and knee guards

The elbow and knee guards must also protect the side of the joint and should not misplace too easily.

7. Shin guards

The shin guards must protect the shinbone from the knee guard down, more or less, all the way to the foot.

8. Shoes

The shoes must enclose all toes. Hardened (such as steel) soles or caps are not allowed.

9. Jockstrap

The jockstrap must be reasonably rigid.